

# Rainbow Wrap and Chives



## Ingredients

Whole wheat tortilla

Red Tomato

Red bell pepper

Orange Carrots

Orange bell pepper

Green Avocado

Green Lettuce

Purple cabbage

Chives

Cream cheese wedge

## METHOD

1 teaspoon of chopped chives and 1 wedge of laughing cow, combine chives and cheese and spread this over a whole wheat tortilla.

Thinly slice all vegetables

Fill the tortilla with crunch and colourful veggies

Enjoy!